

Creative Health in Tow Law

18 - 35 years old?

Keen to connect with others?

Interested in being involved in public health
research?

Our creative workshops will involve:

**Practical, creative activities that make research feel
real and meaningful**

**Connections with professionals from health,
community and creative sectors**

**Relaxed, inclusive space where everyone's voice
matters**

Fortnightly
Monday
workshops
beginning June
2026 at Tow Law
Community
Centre



Fully family
friendly

Childcare
provided



For more information email
rio.floreza@durhamcommunityaction.org.uk or call 07983 135 806